

freedom PILATES
— E Q U I P M E N T —



Reformer Comparison Guide

Reformer Comparison

THE NUTS & BOLTS



	Soho	Dream	Milan	Atelier
Height of Carriage	270-320cm	350mm	370mm	400mm
Upholstery Padding	soft	firmer	soft	soft
Home vs Studio	home	home or studio	home or studio	home or studio
Ability to Fold or Stand Up	foldable	can stand on end	neither	neither
Weight Limit Suggestion	110kg	130kg	130kg	150kg
Springs	5 springs 2 levels	5 springs 2 levels	5 springs 2 levels	5 springs 3 levels
Adjustable Risers	no	no	yes	yes
Ability To Add Tower	no	no	no	yes

Still have questions?

We've spent 20+ years helping people just like you feel healthier with reformer Pilates. Contact us today and let's find your perfect reformer.

Contact Us

0800 119 153
hello@freedompilates.co.nz

The Milan



- Available in Ivory or Black upholstery (Mocha & Latte arriving July 2025)
- Maple wood frame
- 370mm height off the ground
- Soft upholstery padding
- Hideaway rope system
- Adjustable risers
- Recommended weight limit of 150kg
- 2 Levels of spring resistance
- Dimensions: 2400mm long x 610mm wide
- Price: \$3,995



Interest Free Terms via Q MasterCard or GEM Visa

Warranty: 10-year Domestic Use Warranty on the main frame. 5-year Commercial Use Warranty on the main frame. 2-year Warranty on all components. 1 year Warranty on upholstery faults (excluding accidental damage)

The Dream 2.0



- Available in Black upholstery
- Aluminium frame available in Black or White
- 2 levels of spring resistance
- Recommended weight limit of 130kg
- Firm upholstery padding - ideal for Athletic Style Pilates
- Comes with free padded platform extender
- 350mm height off ground
- Dimensions: 2400mm long x 630mm wide
- Price: \$3,695



Interest Free Terms via Q MasterCard or GEM Visa

Warranty: 10-year Domestic Use Warranty on the main frame. 5-year Commercial Use Warranty on the main frame. 2-year Warranty on all components. 1 year Warranty on upholstery faults (excluding accidental damage)

The Soho



- Available in Black, Ivory & Mocha upholstery
- Maple wood frame
- Foldable for easy storage
- 2 levels of spring resistance
- Recommended weight limit of 120kg
- Soft upholstery padding
- Comes with free padded platform extender
- 270mm-320mm height off ground (legs can be raised 5cm)
- Dimensions: 2600mm long x 600mm wide
- Price: \$2,895



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Warranty: 10-year Domestic Use Warranty on the main frame. 5-year Commercial Use Warranty on the main frame. 2-year Warranty on all components. 1 year Warranty on upholstery faults (excluding accidental damage)

The Atelier



- Available in Black, Storm Grey and Ivory* upholstery
- Maple wood frame
- 3 levels of spring resistance
- Recommended weight limit of 150kg
- Soft upholstery padding
- Adjustable risers
- 400mm height off ground
- Dimensions: 2500mm long x 690mm wide
- Price: \$4,995



Interest Free Terms via Q MasterCard or GEM Visa

Warranty: 10-year Domestic Use Warranty on the main frame. 5-year Commercial Use Warranty on the main frame. 2-year Warranty on all components. 1 year Warranty on upholstery faults (excluding accidental damage)